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# **The Monk And The Yak: An Eastern Story That Teaches The Value Of Friendship And Trust In Life. (Inspirational Children's Books) (by MeditativeStories.com)**



## Synopsis

The Monk and the Yak was written in Ladakh, India, inspired by the towering peaks of the Himalayas. It tells the story of a lonely monk and his huge hairy yak, who live together peacefully in the mountains. One stormy, snowy winter the monk is assailed by a mysterious illness and finds himself in dire straits. It is then that the yak proves himself to be a loyal friend with a heart of gold. Enhanced by illustrations in soft colors and charming characters, the book conveys a sense of calm and serenity. With its message that help is always available and may be found in the most unexpected places, it inspires a feeling of trust in the world. The simple, child-friendly text is a delight for people of all ages.

## Book Information

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## Customer Reviews

MeditativeStories.com was founded by Ori Avnur, a meditation teacher and children's author. After his studies in art and animation, Ori's life took a radical change as he moved to the Far East to study yoga and meditation. For several years, he dedicated himself to practicing and teaching their methods. This book is part of a collection of stories he wrote during those years. Over time he founded an online children's book shop and publishing company for tales which hope to convey joy, inspiration and enriching messages to children of all ages.

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